

SAFE MERCURY AMALGAM REMOVAL

The purpose of removing mercury amalgam from your teeth is to eliminate a major source of heavy metal toxins entering your body's biosystem. However, the removal of mercury amalgam is potentially extremely dangerous to you, me, my staff and the environment if certain proven safety measures are not followed. The protocol that is used at Total Mouth Fitness includes some or all of the following:

- Supplements taken to include activated charcoal Hydrogen Boost and OSR #1
- A water tight rubber barrier flossed around the neck of the teeth
- A saliva ejector placed under the barrier to remove mercury vapor
- A high speed suction placed next to the tooth being worked on
- A high volume Dent-Air-Vac placed next to your chin
- A Tact-Air negative ion generator placed behind the chair to bind up any mercury vapor that escapes the vacuums
- Copious amounts of water sprayed at the amalgam to keep it cool
- Available medial air or oxygen delivered through a nasal canula or mask
- Strict observance of the 7-day cycle and midline rules
- Sequential removal of the most electrically negatively charged fillings first
- REBEC mercury trap is in place that contains 99+% of mercury waste to ensure environmental friendliness

These steps are taken to provide your body with the least amount of mercury exposure possible thus allowing the best possible chance of an improvement to your health.

At Total Mouth Fitness, we treat people as we would like to be treated.

To Your Health,

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